

# Betrayal Trauma Training

Facilitated by  
**Marnie Breecker,**  
LMFT, CSAT, CCPS

Presented by



## Training Logistics:

- Limited to eight students
- September 30<sup>th</sup>, 2020 from 4pm-7pm PST, October 1<sup>st</sup> from 4pm-6pm PST, October 2<sup>nd</sup> from 9am-12pm & 3pm-5pm PST.
- Online via Zoom
- \$625 for licensed professionals (includes 10 CEUs). \$525 if registered by September 4<sup>th</sup>.
- \$525 for unlicensed professionals, \$475 if registered by September 4<sup>th</sup>.

For more information and/or to register, please contact Meredith Murdock via email at [Meredith@lacrh.com](mailto:Meredith@lacrh.com).

CRH is recognized as a CAMFT-approved Continuing Education Provider (#136122)

#### Cancellation Policy:

As space is limited, please notify us of any change in your reservation, as a spot is being held for you.

#### Special Assistance:

CRH is committed to providing all attendees equal access to this training; contact [lyndsey@lacrh.com](mailto:lyndsey@lacrh.com) at least two weeks prior to training to request accommodations for special needs.

#### Course Completion Certificates:

At the end of the presentation, attendees will be required to complete a course evaluation and will be issued a certificate of completion upon receipt of their completed evaluation.

Grievances: Any grievances should be put in writing and emailed to Marnie Breecker at [marnie@lacrh.com](mailto:marnie@lacrh.com). The Center for Relational Healing will follow the CAMFT guidelines for handling grievances.



This training focuses on the treatment of betrayal trauma and recovery. It is designed for therapists who are interested in working with sex addiction and betrayal trauma but do not have the interest or resources at this time to pursue certification.

The training is comprised of four modules and each module is comprised of three components: education, case studies, and Q&A. This training will prepare you to work with sex addicts, partners, and couples impacted by betrayal trauma immediately. However, it is highly encouraged that you seek supervision with a specialist if your intention is to specialize in working with this population. Please see the reverse side for module descriptions.

Marnie Breecker is the Founder and Clinical Director of The Center for Relational Healing (CRH) in Los Angeles, California. Marnie is a Licensed Marriage and Family Therapist (LMFT), Certified Sex Addiction Therapist (CSAT), and Certified Partners Specialist (CCPS). Since 2006, Marnie has worked with sex addicts, partners of sex addicts, and couples impacted by betrayal trauma in private practice, inpatient, and intensive outpatient settings.

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[WWW.LACRH.COM](http://WWW.LACRH.COM)

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## MODULE 1: Sex Addiction & Betrayal 101

What is sex addiction and how to assess for it  
Codependency vs. Trauma Model  
Addiction vs. Infidelity  
Sex addiction and Betrayal as life crisis  
Treatment & levels of care (when to refer to intensive outpatient or inpatient programs)

## MODULE 2: The Addict

Establishing sobriety and relapse prevention in early recovery  
How the trauma model and partner centered recovery plan changes  
the addict's treatment  
Shame as a barrier to relational recovery  
Formal Disclosure  
Working with a partner's therapist

## MODULE 3: The Partner

The partner in early recovery  
Dimensions of partner trauma  
Empowering the partner  
Working with the addict's therapist

## MODULE 4: Relational Healing

Post Disclosure Process  
Grief and loss  
Therapeutic interventions  
Attachment styles  
Empathy and Emotional Attunement  
Activation and co-regulation  
Sexual recovery/reintegration  
Rebuilding trust and intimacy  
Relational recovery plan