

# Betrayal Trauma Training

Facilitated by  
Marnie Breecker,  
LMFT, CSAT, CCPS

Presented by



## Training Logistics:

- Limited to eight students
- July 7<sup>th</sup>, 2020 from 4:30pm-7:30pm,  
July 8<sup>th</sup> - 9<sup>th</sup> from 9:30am-6:30pm
- 11340 W. Olympic Boulevard, Los Angeles, CA 90064
- \$1325 for licensed professionals (includes 20 CEUs)
- \$885 for unlicensed professionals

For more information and/or to register, please contact Lyndsey Doolen via email at [lyndsey@lacrh.com](mailto:lyndsey@lacrh.com).

CRH is recognized as a CAMFT-approved Continuing Education Provider (#136122)

**Cancellation Policy:**  
As space is limited, please notify us of any change in your reservation, as a spot is being held for you.

**Special Assistance:**  
CRH is committed to providing all attendees equal access to this training; contact [lyndsey@lacrh.com](mailto:lyndsey@lacrh.com) at least two weeks prior to training to request accommodations for special needs.

**Course Completion Certificates:**  
At the end of the presentation, attendees will be required to complete a course evaluation and will be issued a certificate of completion upon receipt of their completed evaluation.

**Grievances:** Any grievances should be put in writing and emailed to Marnie Breecker at [marnie@lacrh.com](mailto:marnie@lacrh.com). The Center for Relational Healing will follow the CAMFT guidelines for handling grievances.



This training focuses on the treatment of betrayal trauma and recovery. It is designed for therapists who are interested in working with sex addiction and betrayal trauma but do not have the interest or resources at this time to pursue certification.

The training is comprised of four modules and each module is comprised of four components: education, experiential exercises, case studies, and Q&A. This training will prepare you to work with sex addicts, partners, and couples impacted by betrayal trauma immediately. However, it is highly encouraged that you seek supervision with a specialist if your intention is to specialize in working with this population. Please see the reverse side for module descriptions.

Marnie Breecker is the Founder and Clinical Director of The Center for Relational Healing (CRH) in Los Angeles, California. Marnie is a Licensed Marriage and Family Therapist (LMFT), Certified Sex Addiction Therapist (CSAT), and Certified Partners Specialist (CCPS). Since 2006, Marnie has worked with sex addicts, partners of sex addicts, and couples impacted by betrayal trauma in private practice, inpatient, and intensive outpatient settings.

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[WWW.LACRH.COM](http://WWW.LACRH.COM)

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## MODULE 1: Sex Addiction & Betrayal 101

What is sex addiction & how to assess for it

Codependency vs. Trauma Model

What's the difference between a sex addict & a "cheater" (addiction vs. infidelity)

Sex addiction as life crisis

Treatment & levels of care (when to refer to intensive outpatient or inpatient programs)

Working with countertransference

## MODULE 2: The Addict

Establishing sobriety and relapse prevention

How the trauma model and partner centered recovery plan changes the addict's treatment

Task Work (circle plan, cognitive distortions, behavior chains, etc.)

Shame as a barrier to relational recovery

Formal Disclosure

Working with a partner's therapist

## MODULE 3: The Partner

The partner in early recovery

Traumatic impact of betrayal/partners as trauma survivors

Dimensions of partner trauma

Empowering the partner

Working with the addict's therapist

## MODULE 4: Relational Healing

Post Disclosure Process

Grief and loss

Therapeutic separation

The role of empathy

Activation and co-regulation

Sexual recovery/reintegration

Rebuilding trust and intimacy

Relational recovery plan